

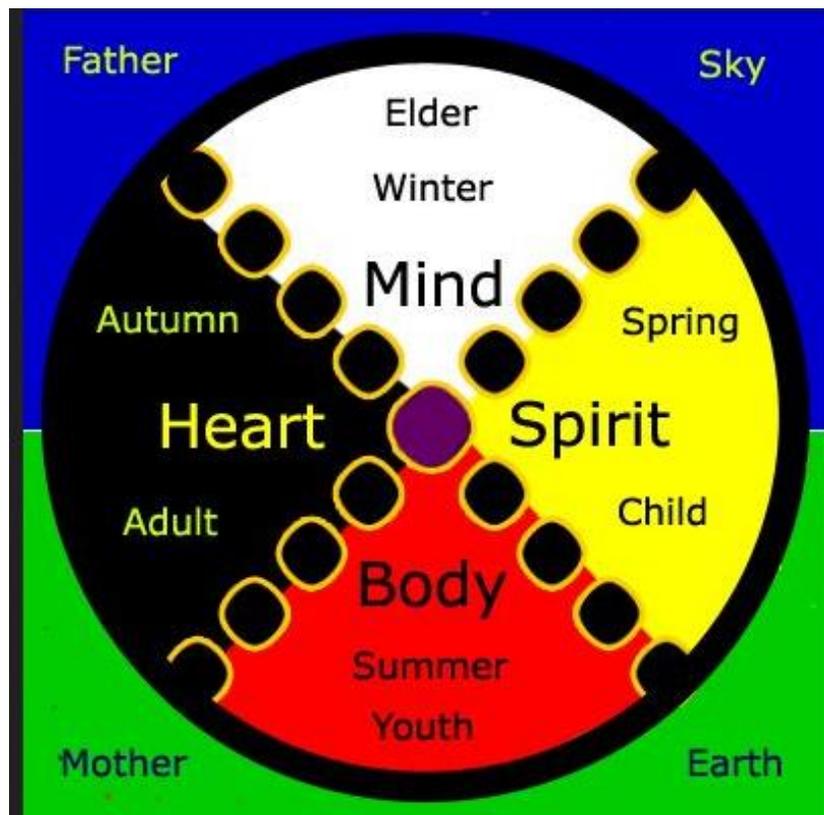
Career Education 10  
Unit 2: How Connected Am I?

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Mark: \_\_\_\_\_/32

**Part A: How Am I Connected?**

We are connected in many ways to many various people and places for a diverse number of reasons. In this unit, you will explore your various connections in order to become more aware of them and how those connections can assist you as you move on throughout your life.

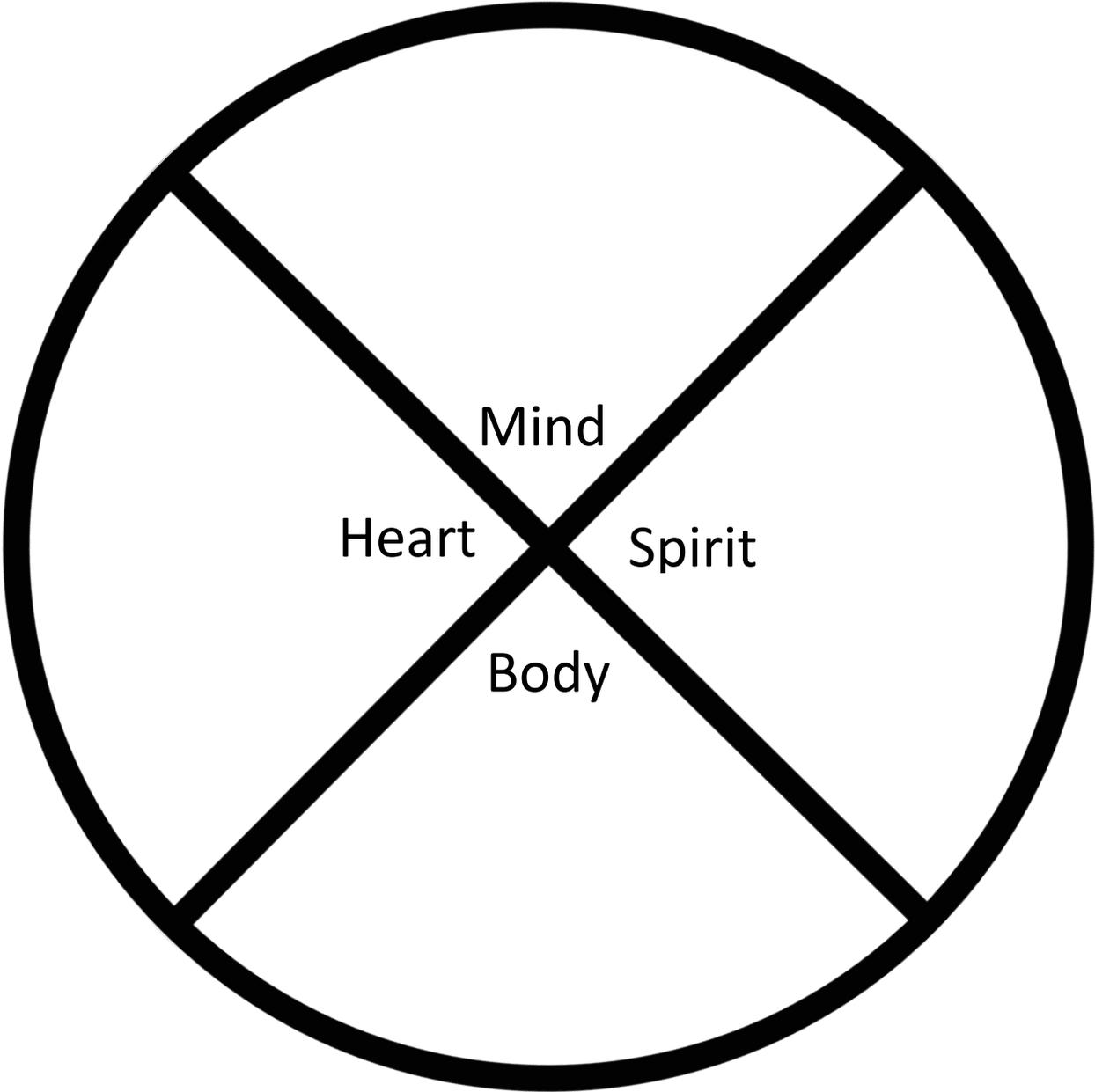
We are all connected in some way. Our First Peoples demonstrate *connection* in the following image:



Watch the following YouTube video called "Living a circular life" featuring Dallas Arcand at TEDxYYC  
[https://youtu.be/niRs\\_VlqzYU](https://youtu.be/niRs_VlqzYU)

Watch the following YouTube video called "Awaken your spirit – How to use the Native American Medicine Wheel to find your true purpose" <https://youtu.be/ppSDjjU7KAw>

Take a moment now to reflect on the following critical questions: Who are my connections? How am I connected? Do I understand how important connections are in one's life? Use the medicine wheel to brainstorm your responses. Once ready answer these questions in full sentences in the spaces provided.



1. Who are my connections? (2 marks)

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2. How am I connected? (2 marks)

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3. Do I understand how important connections are in one's life? (4 marks)

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Marks: \_\_\_\_\_/8

## **Part B: Chance Meetings & How They Make a Difference**

### Possible Encounters!

- speaking with your neighbour across the fence
- sitting beside someone on the bus

Here is an example of a chance encounter: I was on a train in Bergen, Norway, and noticed a young girl knitting. She was knitting in a very different way from how I knit. I was curious, so I went up to her and asked her to show me what she was doing. The young girl showed me how she was knitting and it turned out to be a very efficient way to knit that was a great deal faster than what I was used to doing.

Watch the following YouTube video called "Sonder: The Realization That Everyone Has A Story"  
[https://youtu.be/AkoML0\\_FiV4](https://youtu.be/AkoML0_FiV4)

Often we do not realize the number of connections we make in a day. It can be a simple "hello" to a stranger and the person smiles. Daily connections are as important as the network of people with whom you have a greater connection.

For this assignment you will create a diary and track your connections over the course of a week. The purpose of this assignment is to create an awareness of the people who come into your life on a daily basis, by creating a diary tracking your connections over the course of a full week, 7 days, Monday to Sunday. Remember to title your work and include the date.

There are many ways to share your connections for a week. You may wish to keep a diary, create a mind map or use the example below. The purpose of the assignment is to create an awareness of the many people we come in contact with and how they have influenced us in some way.

See the following example:

Day	Where are you?	What was the interaction and with whom? How did the interaction influence you?
Monday	walking to school	spoke with my neighbour about the weather
Monday	at school	helped the janitor move his ladder
Monday	Petro Can	opened the door for an elderly lady who said her name is Mary

Reflection:

1. As you recorded your weekly connections, were you surprised by how many people you met? (2 marks)

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2. What did you learn from this exercise? (2 marks)

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Reflection Mark: \_\_\_\_\_/4

Your assignment will be marked using the following rubric

	4	3	2	1	0
Content	Describes, in detail connections made over 7 days.	Describes essential knowledge about the topic. Subject knowledge appears to be good.	Describes essential information about the topic but there are missing requirements.	Description is minimal or there are several missing requirements.	Content is missing
Organization	Well-presented and detailed.	Demonstrates organization, but lacks detail	Content is logically organized for the most part.	There was no clear or logical organizational structure.	No organization
Originality	Shows a large amount of original thought and encounters are interestingly explained.	Shows some original thought. Work shows new ideas and insights.	Lacks depth of information.	A minimal effort on originality.	Shows no originality
Mechanics	No misspellings or grammatical errors.	Three or fewer misspellings and/or mechanical errors.	Four misspellings and/or grammatical errors.	More than 4 errors in spelling or grammar.	Not acceptable
Reflection	Superior in its depth of discussion. Demonstrates an insightful understanding. Support, explicit or implicit, is thoughtful and well-integrated. Despite its clarity, response need not be flawless.	Competent in its discussion of ideas. Response is organized and straightforward, but may miss subtle or complex ideas. Supported by relevant details.	Somewhat adequate in its discussion of ideas. Response may be unclear, incomplete or lack detail. Assertions are often simplistic or unevenly developed. Support is not clearly connected to the central idea.	Inadequate - Demonstrates a misreading or significant misunderstanding of the task. Response may be incomplete or consists of underdeveloped, limited ideas. Support is absent or flawed, with little evidence of relationships or connections. Does not meet the expectations of the task.	Makes no attempt to address the topic or simply restates the question.

Mark: \_\_\_\_\_/20